



MONROE COMMUNITY COALITION MINUTES
 Thursday, December 11, 2014

Attendance: Tammy Amador, Kathy Bernhardt, Kerry Boone, JeNell Buchanan, Fran Duckworth, Jennifer Garcia, Michael Hanford, Elizabeth Hanna, Dave Ketchell, Tom MacIntyre, Gary Marks, Cherie Matyas, Mary Myers, Sandra Olson, Paola Saldana

Guests: Melin Ford, Tony Ford, Chris Hendrickson, Virgil Kim

Staff: Joe Neigel

Sectors of Support represented at this meeting: 8 (green = represented, white = not represented)

Youth	Parent	Law Enforcement
Civic/Volunteer Group	Business	Healthcare
Media	School	Youth Serving Organization
Mental Health	Religious/Fraternal Organization	Local Government
Chemical Dependency Treatment	Other Substance Abuse Org.	

- **Call to Order**

Meeting was called to order at 1PM by Chair, Tom MacIntyre; welcome and introductions preceded agenda review.

- **Provider Spotlight: SeaMar Behavioral Health Center**

Virgil Kim and Paola Saldana from SeaMar Behavioral Health Center, located at 14090 Fryeland Boulevards SE, Suite 347, reviewed their agency’s programs and activities in Monroe.

They are a state-licensed community mental health agency and a certified chemical dependency agency meeting all requirements for court-mandated services. The agency has mental health therapists, chemical dependency counselors, psychiatric advanced registered nurse practitioners, and psychiatrists who provide comprehensive mental health and substance abuse services to children, youth and adults.

SeaMar’s Chemical Dependency services include:

- Drug and alcohol evaluations (English and Spanish)
- Relapse prevention
- Aftercare
- ADATSA treatment services
- DUI assessments
- Monthly monitoring
- Dual diagnosis groups
- ADIS classes
- Deferred prosecution
- Intensive outpatient treatment
- Family counseling

They also provide court-mandated services to adults. Treatment includes individual and group therapy as well as random drug/alcohol testing. SeaMar uses evidence-based practices, including approaches such as motivational interviewing, dialectic behavioral therapy, and family systemic intervention.

SeaMar's Mental Health services include:

- Assessments for mental health clients
- Dual-diagnosis groups
- Psychiatric medication assessments and management for adults and children
- Case management for adults and children
- Individual therapy
- Case management for adults and children
- Group therapy

SeaMar accepts medical coupons, ADATSA, private insurance and private pay. For more information, contact them at (360) 805-3122.

- **Recognition**

The Coalition recognized Cherie Matyas for her work with Chris Hendrickson from the Monroe Monitor and Paola Saldana for her extraordinary effort to get community surveys completed.

- **Community Survey Final Push**

The Coalition discussed plans for a strong final push before the Annual Community Survey closes on 12/31/2014. Because paper surveys could not be entered before the deadline, it was decided online surveys would be the focus. Coalition members identified several key organizations and people they would invite to take the survey.

- **Workgroup Updates**

Workgroups reported out and discussed their agendas.

- Communications workgroup talked about recent media outreach with regard to the annual community survey. Dave Ketchell has been including the Coalition in monthly school newsletters. They are also looking for website content and are looking into the strategic use of social media.
- Parenting workgroup is making progress and have tentatively scheduled the best practice Parenting Wisely class for a February start date at Take the Next Step. Details are still being worked out.
- Orientation/Recruitment work group has finalized their ideas for orientation handouts for new members and key leaders, and used their report out time to engage the whole coalition in editing the MCC business/invitation card.



(Front)



(Back)

- **Inspiration:** The Coalition reviewed its accomplishments and watched a short inspirational clip from the movie Freedom Writers (<http://www.wingclips.com/movie-clips/freedom-writers/you-are-heroes>), as well as a clip of Kerry Boone and Justin Springer from their panel presentation at the August 14 "Issues that Matter" panel hosted by KSER and Sno-Isle Libraries (<http://www.sno-isle.org/issues-that-matter/drugs>).

- **Adjourn**