



MONROE COMMUNITY COALITION MINUTES

Thursday, January 8, 2015

Attendance: Tammy Amador, Kathy Bernhardt, Kerry Boone, JeNell Buchanan, Michael Hanford, Morgan Huber, Dave Ketchell, Hanna Lunstrum, Tom MacIntyre, Amber Mehta, Gary Marks, Cherie Matyas, Mary Myers, Sandra Olson, Paola Saldana

Guests: Belinda Berryhill, Jenny Burrell, Joe Delp (Hidden River MS), Joanna Dobbs (Cocoon House), Sam Franklin (PTA), Yvonne Hanford, Gerrie Johnson, Verna Korslund (Faith), Emily Lucey (YMCA), Jan MacIntyre, Chris Perry, Jeff Rasmussen (Boys & Girls Club), Jan Schemenauer (Snohomish County), Laurel Seeley (Cold Weather Shelter), Eric Swenson (Faith),

Staff: Joe Neigel

Sectors of Support represented at this meeting: 7 (green = represented, white = not represented; 8 required)

Youth	Parent	Law Enforcement
Civic/Volunteer Group	Business	Healthcare
Media	School	Youth Serving Organization
Mental Health	Religious/Fraternal Organization	Local Government
Chemical Dependency Treatment	Other Substance Abuse Org.	

• **Call to Order**

Meeting was called to order at 1PM by Chair, Tom MacIntyre; welcome and introductions preceded agenda review.

• **Capacity Building Presentation: Responding to Adverse Childhood Experiences in Monroe**

Joe Neigel presented on Adverse Childhood Experiences. ACEs are significant childhood traumas that result in actual changes in brain development, which are shown to impact a child’s learning ability, social skills, and result in sometimes significant long-term health problems. Exposure to childhood ACEs can increase the risk of:

- Alcoholism
- Depression
- Domestic Violence
- Grade Repetition
- Heart Disease
- Illicit Drug Use
- Suicide Attempts
- Teen pregnancy
- Unemployment

The complete presentation is available for download here:

http://issuu.com/preventioncoaliton/docs/aces_park_place_middle_teachers_and

• **Inspiration**

Johnny the Bagger:

<https://www.youtube.com/watch?v=IQlxLBqFKc>

• **Adjourn**